

Griffith Centers

Hope & Healing Start Here

MONTHLY EMAIL NEWSLETTER



Attachment Issues in Children: How to Spot the Signs Early

Every parent wants to see their child thrive—laughing freely, trusting openly, and exploring the world with confidence.

Yet sometimes, little ones struggle to form that secure emotional bond, and it can feel heartbreaking and confusing for everyone involved.

If you've noticed behaviors that don't quite add up—or if you just have a hunch something is “off”—this gentle guide is here to help.

We'll unpack RAD symptoms in children (Reactive Attachment Disorder) and show you how early awareness can open the door to healing.

What are the earliest signs of attachment issues in toddlers?

The first three years of life lay the groundwork for lifelong emotional health.

When consistent nurturing isn't available—whether due to trauma, frequent caregiver changes, or prolonged hospital stays—children may not learn that relationships are safe.

Early RAD symptoms in children can look different from one child to the next, but here are some tender indicators to watch for:

- **Limited eye contact** even during playful moments
- **Frequent tantrums** that seem out of proportion to the trigger
- **Excessive independence** (“I’ll do it myself!”) coupled with deep frustration
- **Lack of comfort seeking** when hurt or frightened
- **Difficulty with sleep**—trouble settling or frequent night waking

If you’re seeing a cluster of these behaviors, don’t panic. Remember, toddlers can’t tell us what hurts inside; they show us. Early recognition of **RAD symptoms in children** lets you respond with extra patience, professional guidance, and consistent routines.



At Griffith, we believe every child deserves a foundation of safety and connection—one that honors their unique needs and their natural pace for building trust.

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Winter Wonderland Brings Holiday Cheer to Our Community

Our annual Winter Wonderland event on Saturday, December 13 was a joyful success, welcoming more than 120 guests for an evening filled with holiday magic, connection, and community spirit. Families enjoyed festive decorations, themed activity spaces, crafts, games, karaoke, and delicious food served throughout the night, including soups, hot cocoa, and cider prepared by Griffith Centers' Kitchen.

Food and hospitality were a standout feature of the evening, with guests frequently sharing how much they enjoyed the variety and availability, while our youth proudly helped host activities and serve drinks to attendees. Santa delighted children with a fully in-character visit, and entertainment kept energy high all night long with a popular cupcake walk, hands-on crafts, and interactive games.

Themed spaces across campus added to the immersive experience, including a Candy Land house with candy bag-making, a Gingerbread-themed house, and a picture-perfect Christmas photo area. Thanks to an incredible partnership with Precious Child and additional community donors, nearly 2,000 toys were distributed agency-wide, ensuring children experienced the joy of the season.

Winter Wonderland once again showcased the power of collaboration, generosity, and togetherness during the holidays. Thank you for all who

participated in extending joy and connection for our youth and families and to our partners who contributed to the toy drive:

The Center for Connection

Cottonwood Center for the Arts

Palmer Ridge High School

Precious Child

Saint Thomas More, Angel Tree Project

Sunshine Circle at First United Methodist Church, Colorado Springs

Services That Meet the Moment

At Griffith Centers, we believe that healing is possible for everyone. Our mission is to walk alongside individuals and families as they reclaim their stories, rebuild their resilience, and rediscover hope.



Therapy Services

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Hope & Healing Start Here at Griffith Centers

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